

### Data sheet Karta katalogowa Scheda di dati Fiche Technique Datenblatt

#### **EN** Training effect:

Developes upper body muscles.Stretches and improve development of the chest, arms and shoulders. Regular exercising together with a large number of repeats can cause a muscle gain.

#### Method of use:

Take a sit at the seat. Lean your back and firmly grab the handles. Bring your arms closer simultaneously. Return to start position. Keep your back straighten.

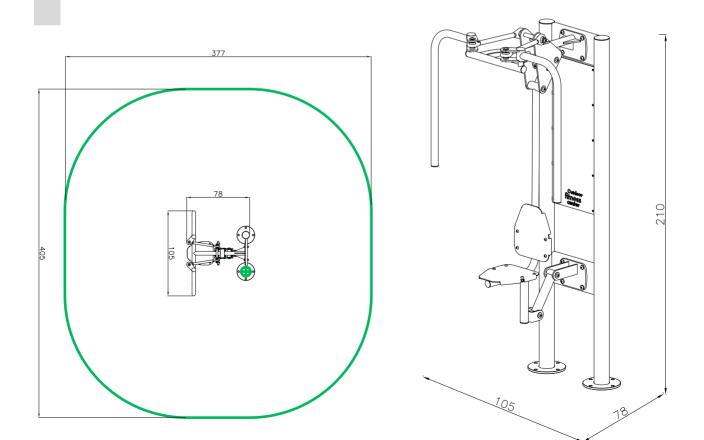
A total safety and funcionality of equipment can only be kept when the inspections are made on regular basis. A subject of control should be potencial damages and use. Always observe the maintance and instalation guide.

This device is designed for people over 1.4 m tall.

For single person use only. Maximum user's weight 120 kg.

Made followed the PN-EN 16630:2015-06 norm

Made in Poland



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Maintenance manual Instrukcja konserwacji Manuel de maintenance Manuale di manutenzione Wartungshandbuch

#### **EN** A inspection is carried out as follows:

#### **Routine inspection:**

Visual inspection device is intented to detect visible damage and risks that could arise for reasons such as: misuse, vandalism or weather conditions.

NOTE 1 For outdoor fitness installed in areas with intensive use of equipment, and also in areas characterized to frequent damage caused by vandalism, may be required daily inspection.

NOTE 2 During the inspection routine and operational should pay attention to: cleanliness, level ground state of the ground, exposed (mobile) foundations, sharp edges, missing parts, excessive used (mobile and disperse the parts), structural strength of construction.

#### **Operational control:**

More accurate than a routine inspection of facilities for checking the functionality and stability of exercise equipment. You should do this every 1 to 3 months according to guidance of manufacturer

#### Main annual inspection:

Control of defining the overall condition for safe exploating of equipment (main annual review).

NOTE 3 Main annual inspection may need to dig or decompose (spin) of individual equipment or their parts.

The annual inspection should be performed by the manufacturer or an authorized repairer Outdoor Fitness Center. Submissions annual inspection the following address: fitness@outdoorfitness.pl

#### Failures

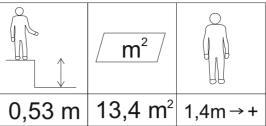
In the absence of damage or exploating of the device must be immediately replaced or repaired. If this is not possible, secure the unit before use. Contact the site Oudtoor Fitness Center: fitness@outdoorfitness.pl.

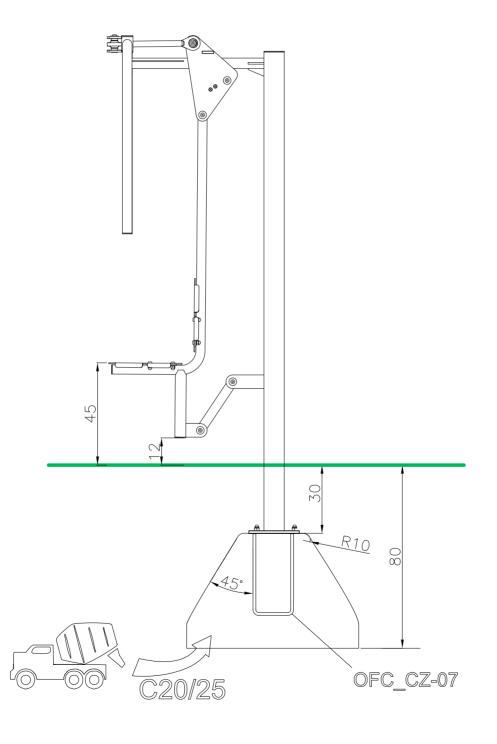
Use only original spare parts. Repair and replacement of parts may only make the manufacturer or its authorized representative.





Installation manual Instrukcja instalacji Manuel d'installation Manuale di installazione Installationshandbuch





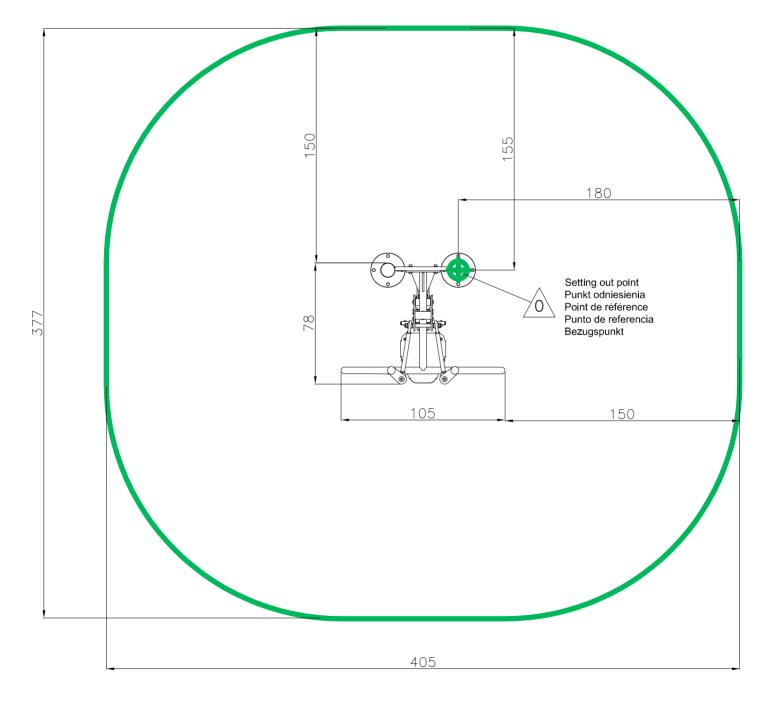


Impact Area Strefa upadku Zone d'Impact Area de Impacto Fallraum

# 13,4 m<sup>2</sup>



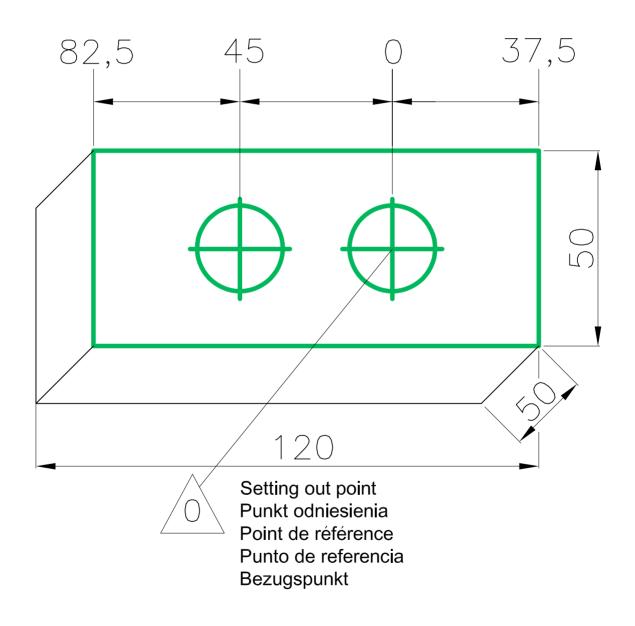
Required surface: lawn, bark mulch, woodchip,sand, gravel Wymagana nawierzchnia: gleba, trawnik, mulcz z kory, drobno pokrojone kawałki drewna, piasek, źwir Requis de surface: la pelouse, le paillis d'écorce, copeaux de bois, sable, gravier Superficiale necessaria: erba, pacciame di corteccia, finemente tritato pezzi di legno, sabbia, ghiaia Erforderliche Oberflächen: Gras, Rindenmulch, fein gehackt Holzstücke, Sand, Kies







Concrete pad Fundament betonowy Dalle béton Solera de Hormigón Beton Bodenplatte

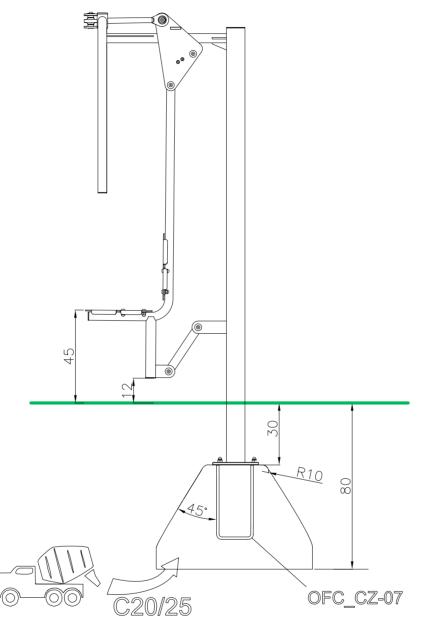




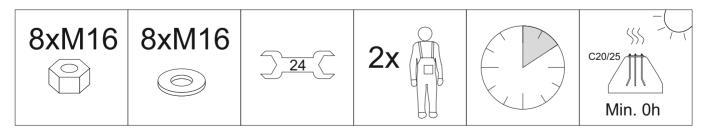








Dimensions are in centimeters

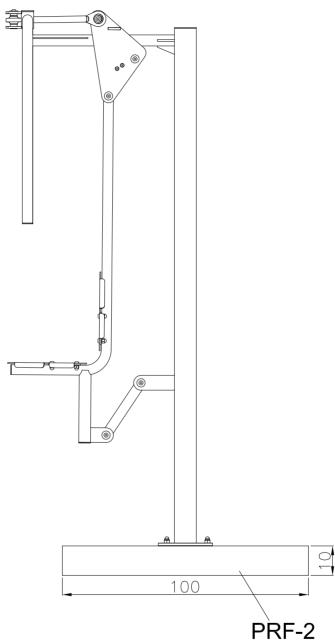








Footing plan Plan fundamentowania Implanation Implanación Fundamentplan



Dimensions are in centimeters

