## **OFM-18 Ski Trainer**



## **EN** Technical card

Device size: 1428mm x 962mm x 802mm Impact area dimensions: 3.94m x 3.82m Impact area: 15m2 HIC: 0,25 m Surface required: No restrictions (any) Footing top: 0.3 m under the ground level Purpose: Public places use User hight: Over 1.4 m Maximum user weight: 120 kg

## Category: Blood Circulation, Coordination

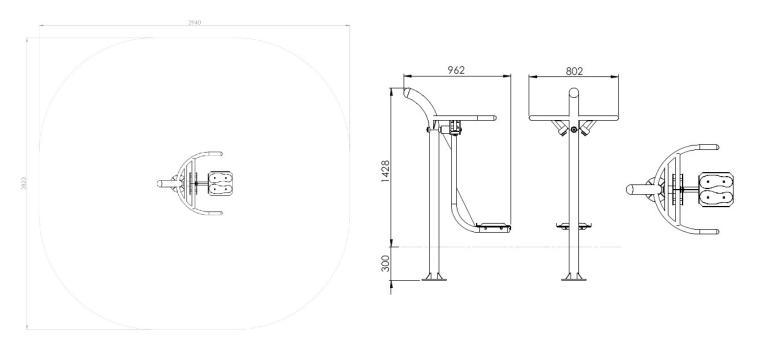
**Training Effect:** Training of muscles of the whole legs and hips, delicate for joints. In addition, it improves the sense of equilibrium.

**Method of use:** Set both feet on the platforms and firmly grab the handles. Move the legs to the right and to the left performing a pendulum movement.

## Construction and material data:

A seat and a back can be made of aluminium or HDPE plastic. Grips made of double powder coated. steel pipes. Main construction pole made of steel pipe finished by instalation collar. Roller bearings for moving parts. Stainless screws. All the wholes permanently blinded with steel covers. Total safety and funcionality of equipment can only be kept when the inspections are made on regular basis. A subject of control should be potencial damages and use. Always observe the maintance and instalation guide.

This device is designed for people over 1.4 m tall. For single person use only. Maximum user's weight 120 kg. Made followed the EN 16630:2015 norm **Made in Poland** 



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