

Data sheet Karta katalogowa Scheda di dati Fiche Technique Datenblatt

EN

Training effect: Training of muscles of the whole legs and hips, delicate for joints. In addition, it improves the sense of equilibrium.

Method of use:

Place both feet on pedals and firmly grab the handle-bar. Move your legs alternately forward and backward.

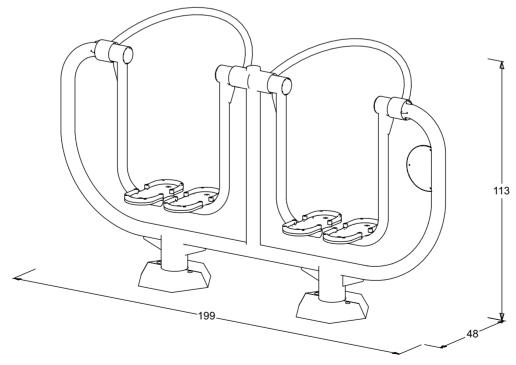
Exercise difficulty: Easy

Full safety of the equipment use can be maintained only as a result of regular control concerning damage and wear. Devices should be regularly checked for security and functionality. Fitness device for youth over 1,4 m.

Intended for one person. Maximum weight of user 100 kg.

Prepared on the basis of the following standards: PN-EN 16630: 2015

Manufactured in Poland.















Maintenance manual Instrukcja konserwacji Manuel de maintenance Manuale di manutenzione Wartungshandbuch

ΕN

A inspection is carried out as follows:

Routine inspection:

Visual inspection device is intented to detect visible damage and risks that could arise for reasons such as: misuse, vandalism or weather conditions.

NOTE 1 For outdoor fitness installed in areas with intensive use of equipment, and also in areas characterized to frequent damage caused by vandalism, may be required daily inspection.

NOTE 2 During the inspection routine and operational should pay attention to: cleanliness, level ground state of the ground, exposed (mobile) foundations, sharp edges, missing parts, excessive used (mobile and disperse the parts), structural strength of construction.

Operational control:

More accurate than a routine inspection of facilities for checking the functionality and stability of exercise equipment. You should do this every 1 to 3 months according to guidance of manufacturer

Main annual inspection:

Control of defining the overall condition for safe exploating of equipment (main annual review).

NOTE 3 Main annual inspection may need to dig or decompose (spin) of individual equipment or their parts.

The annual inspection should be performed by the manufacturer or an authorized repairer Outdoor Fitness Center. Submissions annual inspection the following address: fitness@outdoorfitness.pl

Failures

In the absence of damage or exploating of the device must be immediately replaced or repaired. If this is not possible, secure the unit before use. Contact the site Oudtoor Fitness Center: fitness@outdoorfitness.pl.

Use only original spare parts. Repair and replacement of parts may only make the manufacturer or its authorized representative.











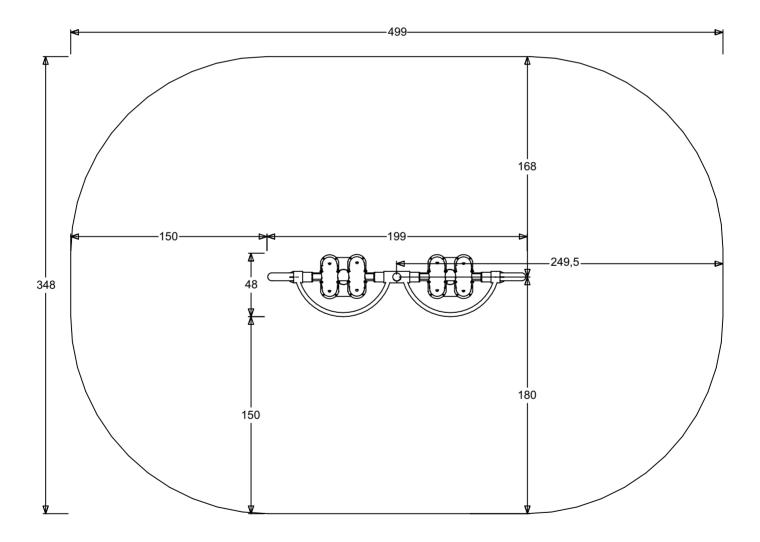




Impact Area
Strefa upadku
Zone d'Impact
Area de Impacto
Fallraum

17,36 m²

Required surface: lawn, bark mulch, woodchip,sand, gravel Wymagana nawierzchnia: gleba, trawnik, mulcz z kory, drobno pokrojone kawaiki drewna, piasek, źwir Requis de surface: la pelouse, le paillis d'écorce, copeaux de bois, sable, gravier Superficiale necessaria: erba, pacciame di corteccia, finemente tritato pezzi di legno, sabbia, ghiaia Erforderliche Oberflächen: Gras, Rindenmulch, fein gehackt



Holzstьcke, Sand, Kies





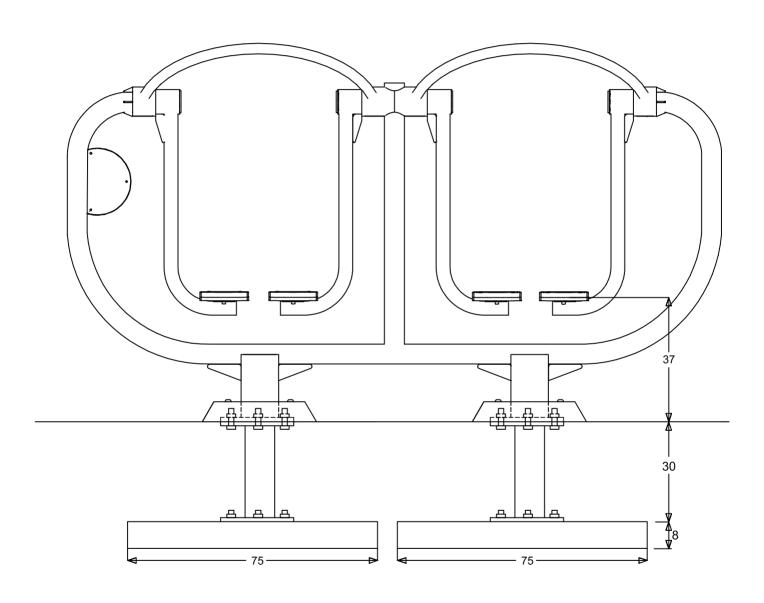


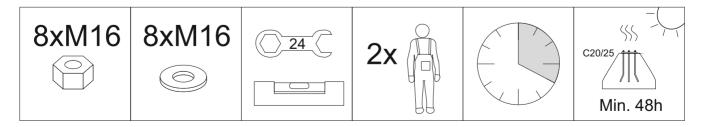






Footing plan
Plan fundamentowania
Implanation
Implanación
Fundamentplan





Starmax Marek Starczewski Rycerska 3 st. 83-050 Bakowo, Poland fitness@outdoorfitness.pl tel.:+48 884-000-884 (PL/DE) tel.:+48 600-250-245 (EN/RU) www.outdoorfitness.pl





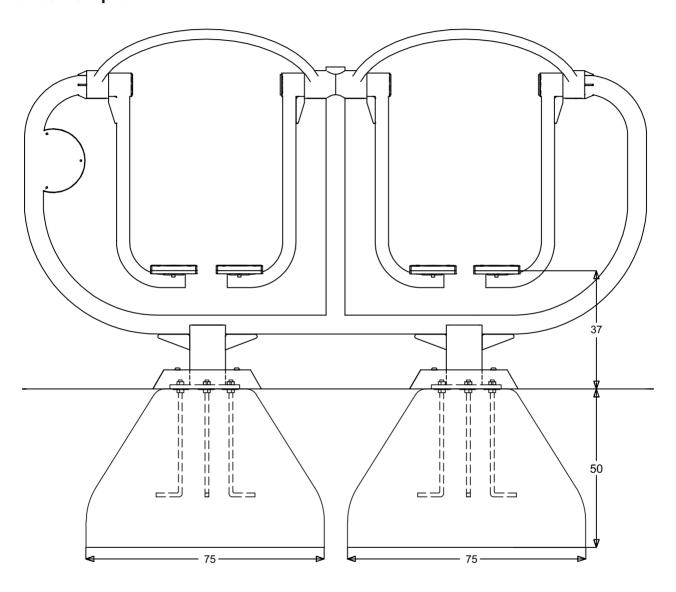


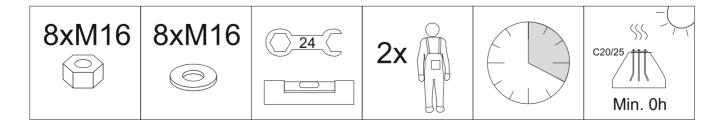






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